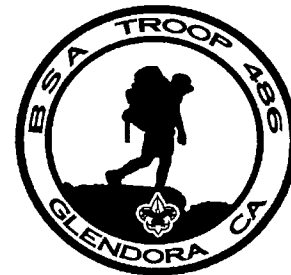




Field Guide

Scout Advancement Activities During Day Hikes and Backpacks

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Items contained in this booklet match the requirements for Scout, Tenderfoot, Second Class, and First Class contained in the BSA 12th Edition Scout Handbook as of 2009.

Scout

Demonstrate the scout sign, salute, and handshake.

Demonstrate tying the square knot.

Understand and agree to live by the scout oath or promise, law, motto, and slogan, and the outdoor code.

Describe the scout badge.

Tenderfoot

1. Present yourself to your leader, properly dressed, before going on an overnight camping trip. Show the camping gear you will use. Show the right way to pack and carry it.

2. Spend at least one night on a patrol or troop camp out. Sleep in a tent you have helped pitch.

3. On the camp out, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup, and explain the importance of eating together.

4b. Demonstrate that you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch.

4c. Using the EDGE method, teach another person how to tie the square knot.

11. Identify local poisonous plants; tell how to treat for exposure to them.

Second Class

- 12b. Show first aid in the following:
- Simple cuts and scratches
 - Blisters on hand and foot
 - Minor burns or scalds
 - Bites or stings of insects and ticks
 - Venomous snake bite
 - Nosebleed
 - Frostbite and sunburn

1. Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.

1b. Using a compass and map together, take a 5-mile (or 10-mile by bike) approved by your adult leader and your parent or guardian.

2. Discuss the principles of "Leave No Trace."

3b. On a campout, select your patrol site and sleep in a tent that you pitched.

3d. Use tools to prepare tinder, kindling, and fuel for a cooking fire.

3f. In an approved place and time, demonstrate how to light a fire and a lightweight stove.

3g. On one campout, plan and cook one hot breakfast or lunch.

6. Identify or show evidence of at least ten kinds of wild animals.

7b. Prepare a personal first aid kit to take with you on a hike.

7c. Demonstrate first aid in the following:

- Object in the eye
- Bite of a suspected rabid animal
- Puncture wounds from a splinter, nail, and fishhook
- Serious burns
- Heat exhaustion
- Shock
- Heatstroke, dehydration, hypothermia, and hyperventilation

First Class

3. Demonstrate the principles of Leave No Trace on outings.

4e. On one camp out, serve as your patrol's cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare a breakfast, lunch, and dinner. Lead your patrol in saying grace at the meals and supervise cleanup.

6. Identify or show evidence of at least ten kinds of native plants found in your community.

7a. Discuss when you should and should not use lashings. Demonstrate tying the timber hitch and clove hitch and their use in square, shear, diagonal lashings by joining two or more poles or staves together.

7b. Use lashing to make a useful camp gadget.

8a. Demonstrate tying the bowline know and describe several ways it can be used.

8b. Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and collar bone.

8d. Tell the five most common signs of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation.